



Aubrey turned seven-years-old on May 14! She is pictured here celebrating at Santa Cruz Beach Boardwalk, a very, very favorite place of hers!

We enjoyed having all three grandkids April 17-19 (and Axel too) while Tim and Kathy headed to Mammoth for a weekend getaway. At right, all are pictured at Alston Park after walking the dogs. Below, the three of them are having some Humpty Dumpty fun at Children's Wonderland in Vallejo.



Since last writing, Robert and I have started a new routine, two mornings a week we climb the steep hill at Westwood Hills Park. Paris and Dakota come along too. After we reach the top, we are rewarded with a panoramic view of Napa.

Our goal is to strengthen our bodies while doing a cardiovascular workout. After 4 weeks of this, I can now catch my breath quicker once we reach the top. However my legs still ache a lot more than I like.

Mother's Day was a very nice day last weekend. Tim came over to make special omelettes for Kathy and I for brunch. Later, after an afternoon in the pool, there was pizza!

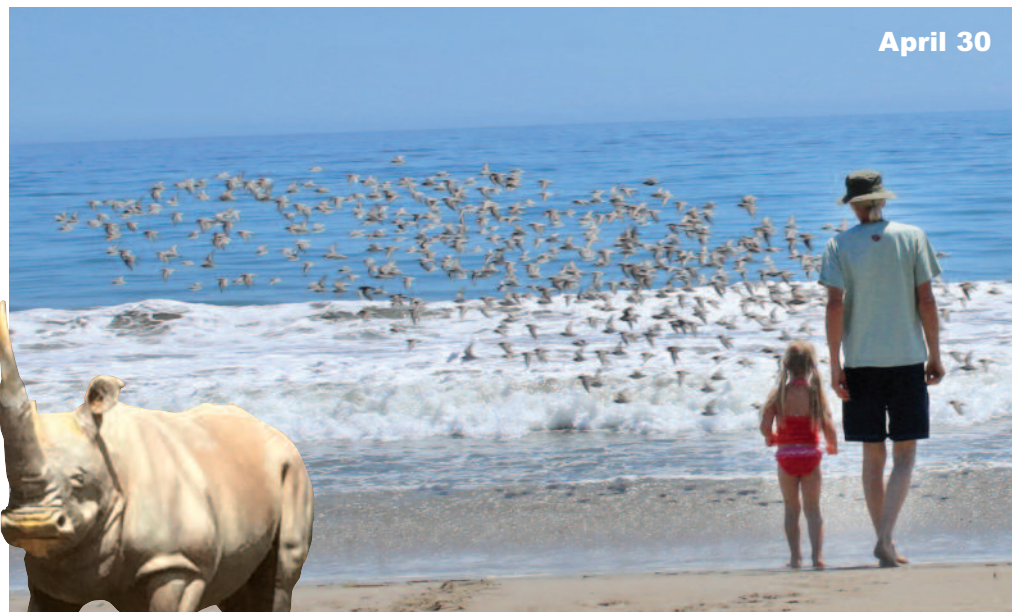


Above the valley fog



May 10

With the unusual warm spell continuing through April and knowing how Sierra likes the ocean, we headed to Limatour Beach where we basked in the sun, played in the waves and enjoyed a flock of 400 or more birds synchronizing their flight up and down the beach, flipping, turning and landing on the water all in unison—very pretty and very fascinating.



April 30

A Rhinoceros in Napa! Yes! We found this guy on an outing with Sierra to the Oxbow Reserve on the Napa River.